

Herbalist Certification Syllabus



15-24-Month Program /650 hours/48 modules Includes: 3-day weekend retreat with plant walk, identification, medicine making & much more

Instructor Information

Main Instructor

Angelique “Sobande” Greer

Email

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Office Location & Hours

Clarksville, TN (call 10-5pm)

General Information

Description

The herbalist certification & apprentice program focuses on providing in depth training to those who wish to use their knowledge as a Community Practitioner or the home herbalist who wants to add additional knowledge to their herbal plethora. The Herbalist Certification Program provides students with a wide array of herbal & alternative solutions to many common health challenges. Students will learn about wellness for the mind, body and spirit.

Expectations and Goals

- Students will receive instruction through lectures and demonstrations.
- Students will read from the selected texts, view videos, and participate in discussions.
- Students will fulfill homework assignments as written documents.
- Students will be required to begin and maintain a plant identification logbook
- Students will demonstrate understanding of and abilities in the practical application of acquired knowledge through execution and performance.
- Students are encouraged to attend (1) Herbal Retreat per year TBA / fee is not included in tuition cost will vary depending on retreat location
- Students are encouraged to assist in NCB School of Herbalism & Holistic Health events, programs, projects, research & workshops as a part of the apprenticeship
- Students must contribute to the conversation, provide relevant information, and interact with other students in a respectful and supportive manner.
- Students must keep a journal throughout the course, and participate in the design, formulations, execution, methods, functions, and results.
- Sunday 4pm central standard time is the official virtual class dates TBA per module

- We are currently using ZOOM for our virtual classroom / If you have any technical questions, please feel to call our office during business hours or email us any time: 615.499.6849
- For each online session, please log on at least 5 minutes prior to class in case there are any technical issues
- **Every student must have a Gmail account** - if you do not have one please establish one, to make our communication efforts easier
- *Please download the Group Me app to your phone or PC* -this will be the forum we use to discuss our work, progress, questions in an offline format during the week with other students.
- Test and quizzes will be issued via email until an online presence is established
- Feel free to take a short break during online session for the bathroom/hydration purposes etc.
- If you need to miss a virtual class, please email us ahead of time so that the instructor knows your situation

Course Reading Assignment

Please see book list for required materials - we suggest you purchase 1-2 books at a time or as modules are completed. Books are not included in the cost of your study unless noted. Modules may be subject to change.

- INTRO - Introduction of Self (report)
- Module 100 - Introduction to Herbal Healing - the Foundation of Holistic Counseling
- Module 101 - The History of Naturopathy
- Module 101 A - Basic Nutrition Guidebook
- Module 102 - Living Chemistry
- Module 103 -Functional Anatomy
- Module 103 A - Body Systems Guidebook
- Module 104 - Digestive & Immune System the body's lock and key
- Module 105 - Enzymes
- Module 106 - African Holistic Health
- Module 107 - Common Folk Medicine
- Module 107 A - Common Folk Medicine Part II
- Module 108 - The Holistic Approach to Nutrition
- Module 109 - Vitamins & Minerals
- Module 110 - Orthomolecular Nutrition
- Module 111 - African Holistic Health Part II
- Module 112 - Nutrition for Babies
- Module 113 - Anatomy of the Body
- Module 114 - Sacred Woman, Sacred Time
- Module 115 - Holistic Health for the Family
- Module 116 - Healing Herbal Recipes
- Module 117 - Sacred Woman, Sacred Time Part II
- Module 118 - Children's Health Holistically
- Module 119 - The Healing Gift of Herbs
- Module 120 - Medicinal Herbs

- Module 121 - Prescription for Natural Cures
- Module 122 - Elder “Herb of the Year” 2013
- Module 123 - Your Health, Your Choice
- Module 124 - Intro to Holistic Self Diagnosis
- Module 125 - The Human Body in Health & Illness
- Module 126 - Reflexology for Beginners
- Module 127 - Healing the Mind Holistically
- Module 128 - Iridology for Beginners
- Module 128 A - Iridology Guidebook
- Module 129 - Herbs for the Elderly
- Module 130 - Holistic Health for Men
- Module 131 - Practical Herbalism
- Module 132 - Prescription for Herbal Healing
- Module 133 - The Ultimate Healing System
- Module 134 - Plant Identification
- Module 135 - Alternatives to Cancer
- Module 136 - The Chemistry of Man
- Module 137 - Self Marketing Your Dream
- Module 137 A - The Zentrepreneur’s Idea & Logbook
- Module 138 - Nutritional Herbology
- Module 139 - Introduction to Homeopathy
- Module 140 - Advanced Treatise in Herbology
- Module 141 - Medicine Making -Your Herbal Pharmacy
- Module 142 - Biologic Ionization as Applied to Human Nutrition
- Module 143 - Herbs for Enlightenment & Spiritual Purposes
- Module 144 - Herbs, Slavery & the South
- Module 145 - Herbs of the Bible and other religious text
- Module 146 - Client Assessment, Patient Compliance & Intake Guidelines
- Module 147 - NCB Practicum
- Module 148 - Final Project -Case Study Assessments, End of class projects
- Graduation Ceremony -TBA

Required Course Materials:

Some modules may require the purchase of herbs or medicine making materials

Additional Information and Resources for books & supplies:

Amazon.com

Mountain Rose Herbs